# The Hampden Hippocrat

OCTOBER, 1976

## Editorial: THE AUXILIARY AND THIS ISSUE

This issue, as in the past, is focused on the Auxiliary of the Hampden District and its role in organized American Medicine as practiced in the District. Each of the three level presidents has a message and there are two glimpses of that dynamo Carrol-Jean Yorzyk who is the Hampden District Auxiliary's current president. The author of one of these articles is known to the editor but he has been instructed to carry the name "IN PECTORE." The coming year is well planned and you are instructed to mark your calendar, to remind you of what is happening. The White Cap Ball will again initiate the social season for many of us. Why not you and your spouse? From cover to cover, including tear outs the Hippocrat is the Auxiliary's. True to form the membership is out raising money, providing for off duty entertainment and enjoyment, working to keep improving the quality of life and just plain being ready to help the Hampden District in any way that it can. The concept of teaming a husband and wife in the paraprofessional world began after the war.

Then it was obvious that medicine's role had expanded beyond the physician's office and that community participation with full utilization of the physician's ability to think and act not only for the sick but for the common good and will, was needed. A role that was recognized by government and which , to a degree is incorporated in the new Health Service Agencies, as a consumerism with a broad base; input into health care delivery systems not only by those delivering but by those receiving. The Auxiliarians are dedicated women and men, who have continued to give of self and time to help Americans Medicine. The Hippocrat and the Hampden District acknowledges warmly, their help in making our community a better place.

The article about the gallant lady physician is the Hippocrat's way of honoring Dr.Dubois and the role she played and made possible for Dr. Berrien, (its new associate editor) to follow. These two female physicians do make the point that we males with an MD after our names have not been kind or ready in our acceptance of their presence and help in the community. Comments but no rebuttal will be published in the November issue. Perhaps, the editorial policy of putting the given name of the auxiliarian after the name she accepted in marriage should be changed. From Mrs. William Yorzyk (Carrol-Jean) to Carrol-Jean Yorzyk, (Mrs. William) - any thoughts readers?? Carrol-Jean, the dynamo, has a fireside chat in this ussue that leaves one with the impression that the Auxiliary is really moving out. Patricia Nenninger has provided a wealth of material for this issue (she and Robert H.N., M.D. are married). We all should remember November 16th as the day to do our grocery shopping at a local A & P, the auxiliary reaps a 5% from the slips turned back, a real painless way to add to their treasury and our own well being at Thanksgiving.

Editor Alan Peck has inaugurated a new series by obtaining from the Administrator of the Providence Hospital an article on his views of the current scene.

Our district president has taken his hat off to the auxiliarians and bids them well. At his suggestion, the editor of the Hippocrat has been invited to sit in on the Executive Committee meetings of the district. This action will provide the editor with a better insight and understanding of the deliberations of the society and thereby better reflect the views and opinions of the president and his committee. The Hippocrat is the official bulletin of the Hampden District and what better way to proclaim district policy, then with full information and knowledge of its actions?

The editor-in-chief

VOL. XXXII, NO. 8 OCTOBER 1976

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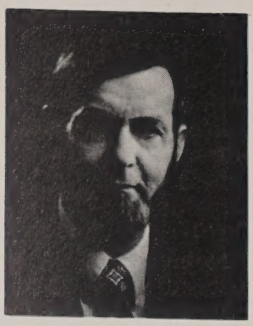

Bruce B. Stoler, M.D.

# Your President's Page

## "HAND IN HAND"

In past years this issue of the Hippocrat has been dedicated to a chauvinist organization called The Woman's Auxiliary to H.D.M.S. But times change and our Auxiliary has responded. An ever-increasing number of married women are practicing medicine and, in recognition of this fact, our Auxiliary has officially adopted a new name, **The Auxiliary to the Hampden District Medical Society,** thereby welcoming into membership the spouses of physicians of both sexes.

Though most of us have enjoyed some or all of the multiplicity of social events sponsored by the Auxiliary each year—the White Cap Ball, the Jazz Concert and the Football Outing, among others, the Auxiliary is not just a social organization. Far from it! Through the twenty-six years since its organization it has sponsored many programs that have directly served the general public. It has provided health information tips over the radio, lectures on the nutritional aspects of good health and a lecture series on improving the quality of life. It has worked hand in hand with H.D.M.S. in helping to organize and staff two area-wide Health Fairs over the past seven years. Indirectly, as well, the Auxiliary has served public health needs. It has provided scholarships to those entering allied health fields and has exerted its influence in health legislation at both state and national levels, to name only two such programs.

I would certainly be remiss if I did not acknowledge here a brand new Auxiliary program—the "Welcome Wagon" approach to new physicians' families in Hampden. By offering a warm welcome from one of its members to the new family, the Auxiliary reinforces the bonds of friendship within the medical community while at the same time providing useful information on the many worthwhile services and unique facilities available in this area. In addition, the program has been of special value to the Membership Committee of the H.D.M.S. by encouraging the physician of the family to join us in order that the spouse might be eligible to join the Auxiliary.

We are specially pleased, then, to take this opportunity to salute the officers and members of the Auxiliary and to express our thanks publicly for their spirit and support of the Hampden District Medical Society. As Richard Garnett put it in "De Flagello Myrteo" many years ago, "Man and woman may only enter paradise hand in hand. Together . . . they left it and together they must return."

Bruce B. Stoler, M.D.
President, HDMS 1976-1977

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# Highlights of the Executive Committee Meeting

September 21, 1976

The Exec. committee met on Tuesday, Sept. 21, 1976 in the conference room of the HDMS.

Present were Drs. Stoler, Moore, Bloom, Trachtenberg, Verrilli, Stoddard, Teale, Magill, Lynn and Mrs. Purdy. Present as guests were Drs. Stevens and R. Miller.

The minutes of the June 22, 1976 meeting were read by Dr. Stoddard and approved as read.

Dr. Miller, Chairman of the Legislative Committee gave a report of Senate bill 1613 and the Hospital Control bill and the second opinion bill. The MMS Legislative committee was to meet the next day and Dr. Miller and Mrs. Purdy will attend this meeting. Dr. Miller will report at the District Meeting on the 28th of any important legislature that should be brought to the attention of the membership.

## CORRESPONDENCE

A letter from the Ethics & Discipline Committee of the MMS was read and was considered informational.

## OLD BUSINESS

The resolution on Blue Shield which had previously been sent to the committee was discussed. Dr. Allan had reported to Mrs. Purdy that the MMS Executive Committee had voted to defer this until the February Council meetings so the society's attorney and the CAMSE committee have a chance to study it further.

The resolution presented by Dr. Whiting on smoking was discussed. The committee voted to approve it as written. It will be introduced at the District Meeting by Dr. Whiting.

An explanatory letter to Dr. Allan from Dr. Stoler had been distributed to the members of the Executive Committee. The names of physicians assigned to Counselors have been listed and sent out to the Councilors. No action has been taken as Dr. Allan was not present to comment.

The financial report of the Hampden Hippocrat was read and approved as read.

A letter from Dr. Burden to Dr. Stoler dealt with the HEW audit, names of physicians to be audited will be relased to HDMS. During the summer, Dr. Stoler sent a Mailogram to Senator Bernasche and Representative Bertonazzi about the 30% cut in Medicaid payments. Dr. Stoler will contact Dr. Burden again about names to be released on local audit.

A letter from Dr. Pace regarding the HSA was reviewed. Dr. Stoler will contact Mr. Roche again about representation.

Dr. Cassidy informed Mrs. Purdy that the Board of Registration of Medicine and Discipline have not forgotten the letter sent them about beauty shops advertising cure for acne.

(NEXT PAGE)

**NEW BUSINESS**

A mistake was made on the Dates to Remember on the Clinical Meeting of the AMA. The correct dates are December 4-8, 1976 and the meeting will be held in Philadelphia.

Dr. Moore discussed the need for an Assistant Treasurer as he plans to retire in May of 1977. He suggested that Dr. Remsberg be considered. Dr. Remsberg will be invited to attend Executive Committee meetings in an ex-officio capacity.

Mrs. Purdy gave a brief report of her meetings with the Council on Aging. No decision or actions have been made. Future meetings will be reported to the committee.

The Health Fair passed Treasurer has paid $545.60 on the $947.50 bill for the AMA exhibits. The HDMS budgeted for $1,000 for the Fair. Therefore, the HDMS will pay the balance of $401.92. The committee gave permission to pay this bill.

The Department of Public Health wrote asking for comments about a physician under consideration for Medical Examiner in the Fourth District. Dr. Stoddard will write a letter of commendation.

Mrs. Purdy's report on the AMA and the AAMSE meetings was accepted by the committee.

Dr. Bloom gave a lengthy and excellent report on the MMS Public Relations meeting in Boston. All the implementation will be done by Dr. Bloom and his committee.

The Multiple Sclerosis Society wrote asking for names of physicians to serve on the Medical Advisory Board. This letter will be printed in the HH and read at the District Meeting.

Dr. Stoler gave a report of the Ad Hoc Membership Committee. Further information will be reported as meetings are held and replies to letters of introduction to new members are answered.

Dr. Stoler asked for approval of Dr. George Bronos as Chairman of the Medico-Religious committee to take Dr. Stull's place who has resigned. Dr. Bronos was approved for this position.

There being no further business, the meeting was adjourned at 10:20 p.m.

Philip Stoddard, M.D.
Secretary, HDMS

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# THE MESSAGE FROM THE PRESIDENT OF THE AUXILIARY OF THE AMA

To The Hampden District And Its Auxiliary:

by Mrs. Norman H. Gardner

The AMA Auxiliary has a proud history. We can say with authority what happened last year, ten years ago, fifty years ago. In this Bicentennial year even though our thoughts turn to history we still must be concerned with the present and with the future.

The effectiveness of an auxiliary approaching its 55th birthday depends on the dedication of its members. This, then more than anything, is why the everlasting need to shape the future should challenge the best we have in us.

There are now 90,000 Auxiliary members all across the country.

It is important that we stand united in support of our organization - county, state and national.

Why are we organized? Let us review the purposes of the AMA Auxiliary:

To assist in those programs of the American Medical Association that improve the health and quality of life for all people;

To promote health education;

To encourage participation of volunteers in activities that meet health needs; and

To support health related charitable endeavors.

Over the past few years I have shared with auxiliaries in 30 states either convention or workshop. I have listened intently to reports of your state chairmen and of your county leaders. Your efforts have produced many outstanding programs and projects for improvement of health.

I have seen proof over and over that one person can make a difference. Sometimes it was the president whose vision had inspired members to work together in a cooperative effort. Sometimes it was a dedicated member who worked faithfully to provide continuity in a worthwhile project.

90,000 auxiliary members have tremendous potential as proven by the reports of state leaders. At convention they described their outstanding accomplishments. The Project Bank further attests to the potential of these 90,000 women, as it has more than 250 tried and proven projects on deposit at the national office, just waiting to be shared by you.

It is important that all of us think in terms of the Auxiliary as a whole rather than of national, separate state auxiliaries, or of the basic unit, the county. It is only as we all work together that we can be effective.

There is a quotation which reads, "Do not follow where the path may lead. Go, instead, where there is no path and leave a trail." For those who are willing to chart new courses, there is an unlimited future.

The only way to start in the direction of improving our AMA Auxiliary is to start individually. In no other way can the Auxiliary gain in effectiveness this next year. So, my friends, let's unite to produce a memorable year that we will be proud to record in the history of the AMA Auxiliary.

Mrs. Norman H. Gardner, President
AMA Auxiliary

Editor's Note: Mrs. Gardner spoke to the Auxiliary on 28 September

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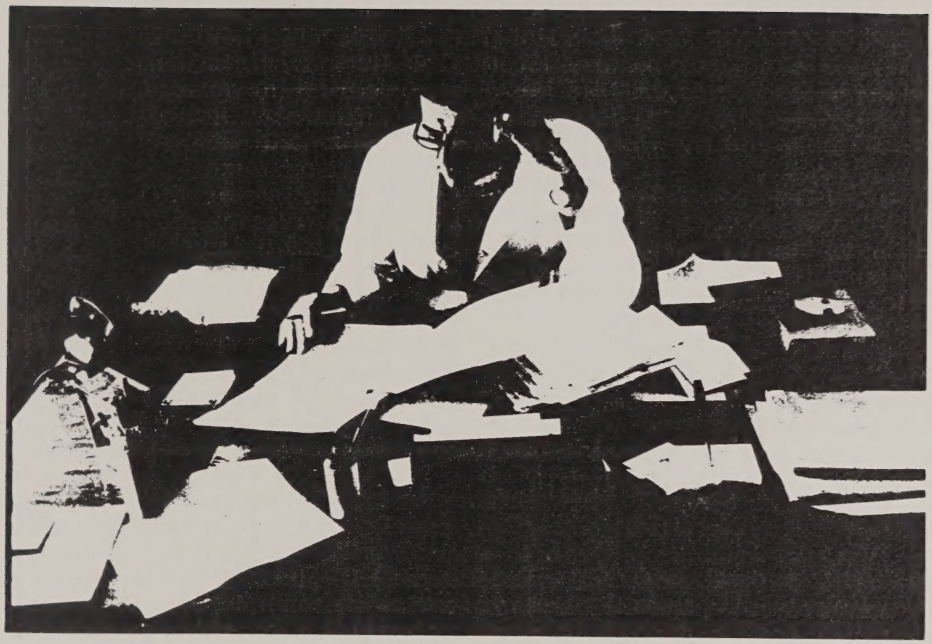

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# THE MESSAGE FROM THE PRESIDENT OF THE AUXILIARY OF THE M.M.S.

## Greetings to the Hampden District

by Mrs. Kay Matzilevich

With the summer activities over and the invigorating New England Fall weather here, it is time for us to turn our attention to the business of the Auxiliary. However, I must admit that the office of the presidency does not allow the luxury of a relaxing summer; it demands the constant attention of its president to the daily commitments of the Auxiliary.

This summer, four delegates and I attended the A.M.A. Auxiliary Convention in Dallas, Texas, where we exchanged state ideas among the fifty states and participated in the programs of the American Medical Association as well as the Auxiliary business.

The keynote speaker at the opening session of the House of Delegates at the A.M.A. Auxiliary Convention was Max H. Parrott, M.D., then A.M.A. president, who recognized the Auxilian accomplishments in legislation and said that our efforts should not cease. He emphasized the role of the Auxiliary in furthering the goals of health education, and suggested that we aim to place health guides in all public and school libraries throughout the country. He also stressed the importance of making the public aware of preventive medicine.

It was a source of satisfaction and pride to the Massachusetts delegation, and to myself, that the Massachusetts Medical Society Auxiliary has been advocating and promoting these concepts for the past five years with our Comprehensive Health Education Programs for improving the quality of life. Dr. Parrott's recommendations reenforced my feelings that our Auxiliary in Massachusetts has been, and still is, on the right track, and that it has the distinction of having had the foresight of the importance of health education and preventive medicine.

The growth of the lecture and seminar series from one course on the **Human Life Cycle** to seven courses, this year, covering **Problems In The Quality of Life, Preventive Medicine,** and the new one this year, **Aging In America: Its Potentials and Problems,** attests to the success of our health education programs. I sincerely hope that all Auxilians, and their families and friends are taking advantage of these unique courses offered for their self-enrichment.

At our Annual Meeting in Boston, some district auxiliaries reported a mild malaise. I am very happy to report that all of the district auxiliaries are still intact, that their "vital signs" are strong, and that the prognosis is excellent, indicating the potential for growth and development.

(NEXT PAGE PLEASE)

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However, growth and development can only be realized through the idea of unity. Working together as volunteers on the state and district levels for the common cause of medicine and the improvement of the quality of life can only be achieved by a strong united organization. Every doctor's wife/husband should feel it her or his duty and privilege to participate in the goals of the Auxiliary.

We have a very exciting year ahead of us in areas of legislation, health education, community services, focus, membership, and communication, the key word to all of our programs. I am looking forward to a stimulating and productive year with programs that will be beneficial to all participants. Which reminds me, the Travel Vacations which Vi Meeker has arranged for you, your families, and friends, promise to be pleasurable experiences which I hope you will be able to fit into your schedule.

The State Legislation Symposium at the Sheraton Sturbridge on October 7, 1976 with Dr. Burden, Dr. Alfano, Mr. Noonan and many legislators participating, will be a great opportunity to hear the latest developments in the health care system. Please do not forget to come and bring a friend with you. I shall be looking forward to seeing you there.

Kay Matzilevich
President, M.M.S.A.

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# THE PAGES OF THE AUXILIARY TO THE HAMPDEN DISTRICT MEDICAL SOCIETY

## RAFFLE

The Auxiliary, like almost all families and institutions, has been beset with financial problems of late. Two years ago in order to ease the burden a raffle was estabished in conjunction with the White Cap Ball. Last year profits from the raffle accounted for a sizeable portion of our scholarship funds. We are asking your support again this year.

The books, which you will receive in the mail, are $10 for the book or $3 per ticket.

Although there are fewer prizes this year, we believe the ones we have are very special. The first prize is a trip for two including transportation and lodging for four days and three nights at the Southampton Princess, Southampton, Bermuda plus oodles of pamper-yourself extras. In addition we have planned glamorous second, third, fourth and fifth prizes.

Please support the raffle. There will be five lucky prize winners; but, the Auxiliary will be the biggest winner with your financial support.

In the academic year '76-77, the Auxiliary has awarded $4,300 of the scholarship aid to deserving students. Continuing scholarships amounted to $2,100. New scholarships amounted to $2,200.

Did you know in 1960 over 600 people attended the White Cap Ball!!!

Did you know the Auxiliary is planning another Jazz Concert in March 1977?

Did you know AMA-ERF returned $33,000 to Massachusetts last year?

This year's new recipients are:

Mrs. Robert H. Nenninger (Patricia)

| NAME | SCHOOL | CAREER GOAL | AM'T |
|---|---|---|---|
| Linda Charlesworth .... | Spfld. Technical Comm. College ..... | Nursing ..... | $150 |
| Mary Ann Kent ..... | Baystate Medical Center ..... | Nursing ..... | 150 |
| Dorothy Roche ..... | Holyoke Community College ... | Nursing ..... | 150 |
| Susan Brown ..... | St. Vincent's Hospital ..... | Nursing ..... | 150 |
| Loretta Midura ..... | Baystate Medical Center ..... | Nursing ..... | 100 |
| Jane Menard ..... | Spfld. Technical Comm. College ..... | Nursing ..... | 100 |
| Lynn Garls ..... | Spfld. Technical Comm. College ..... | X-Ray Technologist..... | 100 |
| Juliet La Barre ..... | Spfld. Technical Comm. College ..... | Medical Assistant ..... | 100 |
| Julie Sponos ..... | No. Adams State ..... | Medical Technologist... | 100 |
| Kevin Maltais ..... | Spfld. Technical Comm. College ..... | Nursing ..... | 275 |

THE AUXILIARY PAGES (CONT.)

| NAME | SCHOOL | CAREER GOAL | AM'T |
|---|---|---|---|
| Marisa Vazquey | College of Our Lady of the Elms | Occupational Therapist | 275 |
| Jacelyne Tardef | Holyoke Comm. College | X-Ray Technologist | 275 |
| Joyce Sexton | St. Vincent's Hospital | Nursing | 275 |

## WELCOME

The Auxiliary welcomes nine new members. They are:

Mrs. Lawrence Lundy (Betsy)
Mrs. Arnold Case (Ann)
Mrs. Robert Letteney (Carolyn)
Mrs. Michael DeCenzo (Cari)
Mrs. Munur Abbassy (Diana)
Mrs. Robert Gerstle (Nancy)
Mrs. Gurpal Kingria (Susan)
Mrs. Joel Bettigole (Noreen)
Mrs. Kishore Thakur (Pat)

## CHRISTMAS CARDS

AMA-ERF Christmas cards are available through Mrs. Bruce Haskin (Sandy) at 567-5840. The cards come in all price ranges. Personlization is available at a minimal charge. Have your orders in by November 15 to assure prompt delivery.

Costume watches and jewelry are also available. Plan on seeing the full selection of jewelry at the Christmas Tea.

Mrs. Robert H. Nenninger (Patricia)

## THE UNIMPORTANCE OF THE BOSTON TEA PARTY

Our ancestors impetuous,
Perhaps a bit incestuous,
Had many a drive
To help them thrive
From here to Kingdom Come.
Though Parliament might tax their tea,
Both Whigs and Tories could agree
The beverage with the leverage
Was Old New England Rum.

Fast ships they sailed the seven seas,
Though bottoms leaked and sails might freeze,
Their Oriental treasures
Would demand a princely sum.
But once at home the carefree crews
Scorned any thought of foreign booze,
The beverage with the leverage
Was Old New England Rum.

The cargoes of molasses
Gave employment to the masses
And the Caribbean Islands
Was the place they brought it from.
No man went in the pillory
For running a distillery
The beverage with the leverage
Was Old New England Rum.

HNS.

## THE POET'S CORNER

## Donation Day

Tuesday, November 16, is A & P Donation Day for your Auxiliary. What Does that mean? It means an opportunity for the Auxiliary to get much needed funds simply by your shopping at an A&P and following a few simple procedures at the check-out counter. The A&P will contribute 5% of all verified purchases (excluding tobacco, liquor, and sales tax).

**1** Clip Verification Card below (extras available from me at 567-1913

**2** Shop on November 16 (remember Thanksgiving is only 8 days away—won't you need extra nuts, flour, seasonings!??—why not stock up on soda)

**3** Check out.. Give the verification cards to the checker. She will note the amount of your purchase on the card and keep the card. You will have your register tape as usual.

THAT'S IT. The A & P will total all verified purchases and send us 5% of the total. It couldn't be easier.

The stores participating are:

East Longmeadow 438 N. Main St.
Springfield 479 Main St. (Indian Orchard)
Springfield 126 Island Pond Rd.
Northampton 327 King St.
Westfield 55 Franklin St.
West Springfield 152 Elm St.

Mrs. Robert H. Nenninger (Patricia)

**********

A&P **DONATION DAY**

### IDENTIFICATION CARD

November 16 has been declared an A & P DONATION DAY for HDMS Auxiliary. A full 5% of the amount of your purchase will be donated by A & P when this slip is verified by our checker. Specific products will not be discounted below the state minimum price established.

NAME _____ ADDRESS _____

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DATE _____ AMOUNT _____ CASHIER INITIAL _____ STORE NO. ___

*EXCLUDING TOBACCO, LIQUOR AND SALES TAX.

*The Woman's Auxiliary*
*to the*
*Hampden District Medical Society*
*requests the pleasure of your company*
*Members Guests*
*at the*
*Annual White Cap Scholarship Ball*
*on Saturday, the sixth of November*
*Nineteen hundred and seventy-six*
*Chez Josef*
*Shoemaker Lane*
*Agawam, Massachusetts*

PRE DINNER

Oysters — Clams — Shrimps
Egg Rolls — Stuffed Cabbage
Knishes — Krepla

DINNER

Spanish Melon with Lime Wedge
Assorted Relishes
Tossed Salad
Filet Mignon with Mushroom Sauce
Baked Stuffed Potato
Green Beans with Mushrooms
Baba au Rum with Fruit & Nut Sauce
Coffee
French Wine

Clam Bar
Hot and Cold Hors d'oeuvres
Open Bar 7:00 to 8:30 P.M.

Dress Optional
Dinner 8:30 P.M.
Tables 8 or 10

Dancing Until One A.M.

# THE MESSAGE FROM THE PRESIDENT OF THE AUXILIARY OF THE HDMS

## FIRESIDE CHAT TIME

by Carrol-Jean Yorzyk, R.N.

Volunteers are the unsung heroes of our times - without them, the greater institutions and organizations of our community could not offer services now available. I congratulate all of you for the generous hours of work you give to them. An energetic and well versed physician's wife is an asset to her husband, family and the community.

It is with this in mind that I re-emphasize this Auxiliary's main purposes.

1) To assist the Hampden District Medical Society in its programs to improve the quality of life through health education and services,
2) To cultivate friendly relations and to promote mutual understanding among physicians' families,
3) To inform members of important legislative matters

The year ahead will see studies made and new guidelines set for health careers, international health, community health education projects and the financing of our scholarships. We must move ahead to update all areas of our Auxilliary to comply with our new by-laws. It is time to contemplate and re-evaluate.

Roxy Zacarian is our health services co-ordinator and you will be hearing soon from her committee.

Last year there were more requests for scholarships than money. Support our efforts to do a fine job! Buy raffle tickets and attend the Ball!

Sixteen years ago, Rose Baker wrote in her Hippocrat message: "Today, we are living through an era which may well be one of the most crucial years in the history of American Medicine. We are faced with the stark possibility of a full scale program of socialized medicine. Neither the Forand Bill nor the Eisenhower administration's medical plan is tailored to meet the problem of medical care."

It seems we are still fighting inadequate government bills. If you are displeased with state and federal government, write your legislators. Let them know you are watching how they vote. In November, VOTE.

Cynthia Bye, your president-elect, has worked very hard this summer. We have twelve new members and the welcome wagon gals have visited more than that number. To those of you who are not members of the Auxiliary, I ask for your consideration to become members. Fill out the form enclosed and mail it to Cynthia.

(TURN PAGE PLEASE)

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There are several areas where your services are needed:

1) There does not appear to be a need for more entertainment at the Municipal Hospital. There is a desperate need, however, for informed people to participate in a one-to-one contact with patients. Call Mrs. Calderici, Extension 312.

2) Mary Fitzgerald, (736-1840) of the Springfield Department of Health, needs help for the swine flu inoculation centers and Mrs. Taupier, (532-3203) in Holyoke, needs people, also. You do not need to be a nurse.

3) Mary Devlin (734-7005) needs help at the Academy of Medicine Library.

4) Roxy Zacarian (567-5777) needs adult and children's clothing. Northampton State Hospital and Belchertown are desperate. I would like to elaborate on Item #4. We have received several phone calls from the Directors of these hospitals, indicating their urgent need for used adult and children's clothing of any type, for their patients. Apparently, the state budget does not allow for the adequate purchase of clothing for these people. Please, please, get in touch with Roxy and help this most worthy cause.

This year, we are departing from the usual regular Auxiliary activities in that we will provide entertainment events, as well as our community oriented services. You have already heard of the October 3rd Football trip. The other activities planned include a Tennis night, January 22nd (Dottie Schwendenmann, Chairlady) and a repeat New Black Eagle Jazz Band Sunday family concert in March (Betsy Stevens, Chairlady).

The year ahead, for the Hampden District Medical Society Auxiliary, looks bright. We can make a greater contribution to our community as more girls have indicated their desire to participate.

COME ONE - COME ALL PLEASE JOIN US THIS FALL

Carrol-Jean Yorzyk

## CLASSIFIED ADVERTISEMENTS

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**1-413-786-4698 – Mr. W. H. Spring**

A Close View of The Auxiliary President For 1976-1977

## CARROL-JEAN YORZYK, R.N.

Born in Canada, Carrol-Jean Elizabeth is the only daughter of Gordon and Evelyn Earley. Her father was an executive with the T. Eaton Company of Canada, the nation's largest department store. As director of the firm's maritime division of girl's and women's catalog sales, he exposed Carrol to traveling at an early age, and this characteristic has remained with her to this day. Perhaps the best expression to describe her is "constantly on the move." As anyone who knows her can attest, this is an accurate description.

Her earlier years were spent in Moncton, New Brunswick, the largest of Canada's Maritime Provinces. She assimilated all the qualities usually associated with young Canadians - fun loving, carefree, a true respect for the outdoors, ruggedness, etc. Indeed, some of her fondest memories of Canada revolve around her childhood and her outdoor experiences there. She was a very active teenager, being the motivating force behind many of the teen social groups in Moncton. Naturally, she was a cheerleader and very active in school theater, athletics, chorus, etc. She developed an extremely good singing voice during her high school years and was asked to go with several professional companies. She elected, however, to go into nursing and was admitted to the Moncton Hospital School of Nursing upon completion of her schooling. About this time, her father was transferred back to the main store in Toronto, leaving Carrol in the Moncton nursing school. Her parents had a cottage at the shore near Moncton, however, and continued to summer there. It was during this time that she developed her love for sailing, a sport which she, unfortunately, has not been able to pursue in the landlocked area of Springfield.

Following her graduation from nursing school, in 1956, she moved to Toronto to live with her parents and became employed at the Hospital for Sick Children. She eventually became head nurse on the medical floors there and was very highly regarded by members of the professional staff. It was in this capacity that she became involved with "one of those medical students" - Bill Yorzyk. She married him on the day after his final senior exams and was introduced to the Springfield commmunity shortly thereafter. During Bill's internship at the Springfield Hospital, Carrol worked on the pediatric floor as head nurse, becoming rapidly involved in the total reorganization of that area.

Following the completion of their internship and Bill's induction into the U.S. Air Force, Carrol became an American citizen, so that she could accompany her husband on his tour of duty as a general medical officer in Japan. This has always remained a point of contention with her as, in her heart, she is still a Canadian and a Maritimer.

(NEXT PAGE PLEASE)

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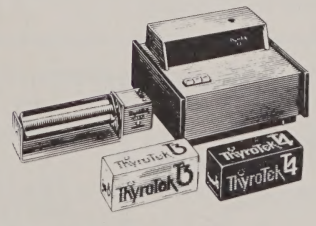

CALL
733-1163

Carrol and Bill drove across the country, to San Francisco, in a small TR-3. Bill was assigned to Tachikawa AFB and worked in Tokyo, eventually becoming the U.S. Embassy physician. They lived at the site of the 1964 Olympic Games and, following those, in a suburb of Tokyo.

The embassy contacts Carrol built up while in Tokyo, allowed her to carry on a shopping advisory service for visitors and wives in Japan. She got to know the cosmopolitan city of Tokyo quite well, but the citizenry never became accustomed to the sight of a blond foreigner, in a fire engine red sports car, outflanking cement trucks in the horrendous Tokyo traffic. She also organized several officer's wives tours to Hong Kong and other parts of the Far East. Somehow she found the time to organize and become the directress of a Montessori school in Tokyo, as well as give several English lessons, each week, to Japanese professional people. She certainly continued and improved upon her image of being "constantly on the move." She was a hostess at the 1964 Olympic Games and even traveled as a chaperone with her husband when the U.S. Swim Team came to Japan to compete in various meets around the country in 1963.

The Yorzyks (now increased by one Jennifer) left Japan in 1965, returning to Springfield to start a residency in Anesthesiology. Carrol continued her interest in the Montessori system and, in typical fashion, was shortly involved in the beginning of one in Springfield. She continues to serve on their Board of Directors to this day.

In 1967, the Yorzyks moved to Framingham for a year, while Bill did a year of Fellowship in Anesthesia at the Beth Israel Hospital in Boston. Following this, they again returned to Springfield, where Bill became a member of the Springfield Anesthesia Service, Inc. Carrol rapidly involved herself in the workings of the H.D.M.S. Auxiliary. Her interest in Montessori continued and blossomed. She has always been an active gardener and is deeply involved with the Springfield Garden Club. Her leisure time (Ha!) activities revolve around the outdoors, harkening back to her Canadian youth - skating, tobagganning, cross country skiing, fishing, canoeing and camping. She is also singing once again. Two years ago, she "discovered" tennis and has been an avid devotee ever since, having been soundly bitten by the bug. She seems to be constantly looking for new challenges and her interests are far-ranging, as anyone who knows her will attest. She is quick with a smile, always willing

(TURN PAGE PLEASE)

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reservations 543-7939

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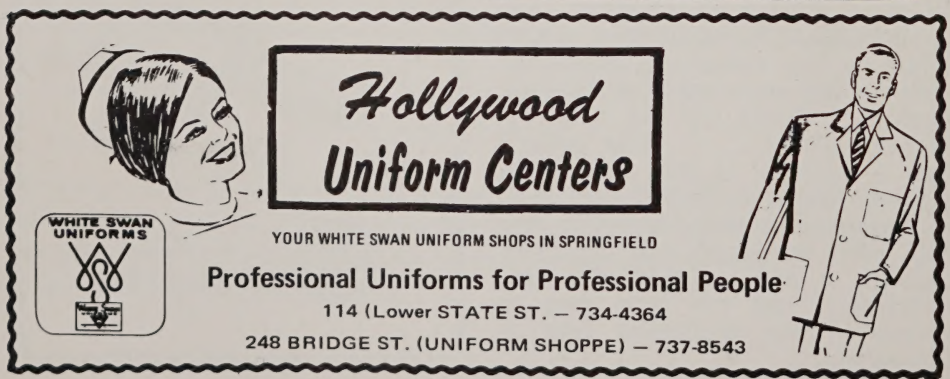
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to help and is truly "constantly on the move." She devotes time to the Springfield School Department as a volunteer and as a member of the MAGNET Committee.

Perhaps her most interesting characteristic is that she tends to get really involved in any project in which she takes an interest, and yet, somehow, finds the time to maintain a devoted interest in her family. The Yorzyks live on Forest Hills Road, in Springfield, in an oriental-styled house, surrounded by gardens and plants as you might expect, together with three children (Jennifer, age 13; David, age 10; and Jeff, age 7), two dogs (Blitz and Charlie), one cat (Zipper), lots of salt water tropical fish and assorted wildlife.

The Author is "IN PECTORE"
Editor-in-Chief

NOTICE: PLEASE NOTE THAT AN INCORRECT DATE WAS PRINTED FOR THE 30th CLINICAL CONVENTION OF THE AMA. THE PLACE IS PHILADELPHIA AS BEFORE, BUT DECEMBER 4 to 8, 1976 is THE CORRECT CALENDAR DATING.

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**Minor habit: One you enjoy too much to give up. Vice: A habit someone else enjoys.**

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## Carrol Yorzyk - A SECOND VIEW

By Mrs. Robert Bye

Someone once said that there are three groups of individuals in every community. There are a few who make things happen; there are many who watch things happen; and the overwhelming majority who have no idea what's happening. Carrol Yorzyk, a true representative of the first group, is dedicated to the idea of making things happen in our Auxiliary.

Our president was born in New Brunswick, Canada, educated in Toronto and received her degree in nursing from Moncton General Hospital. She subsequently expanded her horizons with postgraduate training in pediatric nursing, in conjunction with instruction in hospital business administration at the University of Toronto.

Several years passed; engaged while in nursing at the Toronto Hospital for Sick Children; next marriage and the sharing of common goals and aspirations, provided new challenges well known to all resident physicians wives. Dr. William Yorzyk's residency in Anesthesiology allowed Carrol further time to engage in personal involvement, as a head nurse in Pediatrics, at the Springfield Hospital and a three year sojourn in Japan for an Air Force Service commitment. Her good works continued to serve people, by teaching and providing tourist guide services. This experience involved a blending of two separate cultures. Later and here her continued effort of ten years at the Pioneer Valley Montessori Society Board of Directors, likewise entailed a great deal of personal effort.

I feel we are especially fortunate to have Carrol's spirit and dynamic personality directing us into what promises to be an exciting and full year. Such a year can be achieved by providing an equally enthusiastic measure of support from you the Auxiliarians.

Cynthia Bye

## Featured Article:
# THE GALLANT LADY – DR. EOLINE C. DUBOIS

by Howard N. Simpson, M.D.

In our Bicentennial Year it seems only fitting and proper to pay tribute to one of our members who was born when the Republic was scarcely more than half its present age, and who was still doing some of its medical work, only two years ago. Dr. **Eoline Church Dubois,** whose efforts in behalf of the children in the city's school department terminated in 1974, was born in Providence, Rhode Island. The date was the 8th of June, 1878 and she was one of a family of seven children.

After spending two years at Vassar she entered the Tufts College Medical School, graduating in 1903. Although by that time women were no longer a novelty in medicine, they were still very much in a minority, and to the host of chauvinist males in the profession they were distinctly unwelcome. In one early assignment at the Boston City Hospital "dressing station" she had to battle her way not only to treat patients but to get any worthwhile instruction from her superiors. Her later training included work at the Postgraduate Medical Center in New York, a year in pediatrics at the London Childrens' Hospital, and finally a year as an assistant in the Out Patient Department at the Massachusetts General Hospital.

After a brief period in practice in Cambridge some friends persuaded her to settle in Springfield. She opened an office in this area in 1910 and once more it was a struggle. It is only in the past quarter century that the public has come flocking to the private practitioner, particularly to the pediatrician. Sixty-five years ago the public flocked only to the few, and they were invariably men well established in practice. However, with hard work, much of it in free clinics, Dr. Dubois ultimately built up a practice of her own.

Then, suddenly, she tossed the whole thing overboard. During World War I, because of her consuming concern for the war ravaged children of France she wrote to the Red Cross Childrens' Bureau in Washington and offered her services. Because of her extensive pediatric background she was promptly accepted for duty and spent more than a year in France, in hospitals and in clinics in small towns and in tiny villages far from busy, combat areas where flags were waved or medals pinned. But it was in these tiny towns where the children who welcomed her kindness and who needed her help were to be found.

When she returned to Springfield the fragments of her own practice had to be re-assembled. She now developed an abiding interest in diabetes, commuting several times a month to the Joslin Clinic in Boston. Because of her devotion to the study of this disease she was the first physician in Springfield to receive insulin from the University of Toronto for use on an experimental basis in the treatment of diabetes.

Beginning in 1927 and continuing over a period of more than 40 years she wrote on medical matters for the **Springfield Republican,** and her weekly column entitled "Your Health," covering a wide range of topics, became a popular feature of the newspaper.

(TURN OVER PLEASE)

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In 1928, when Dr. Dubois was fifty years old, there occurred a crisis in her own health. She was found to have a cancer in her colon. She was operated here in Springfield and has had a colostomy ever since. She comments that the present equipment for handling that situation now makes the problem a very trivial affair.

Dry data do not a biography make, nor do dates or perfunctory statements paint a word picture of a physician who has led a full life. Dr. Dubois has held memberships in, and in many instances held offices in various organizations such as the Springfield College Club and the Quota Club, the Springfield Academy of Medicine, the American Diabetes Association, the American Medical Association, the Massachusetts Medical Society and of course, the Hampden District Medical Society, which for many years she served as the only woman councilor to the state society.

One recent August day I spent a fascinating hour with this gallant lady, and I came away wondering. Wondering, when the general public takes such a dubious attitude toward our profession, when our profession takes such a cynical attitude toward its commitment, will we be able to say of our efforts as she said to me: "The family doctor has the most important job in the world, teaching people how to get well and how to stay well. If I were going to live again I'd still want to be a family doctor."

Howard N. Simpson, M.D.

## LETTERS

To The Editor:

The Pioneer Valley Chapter of the National Multiple Sclerosis Society is deeply interested in approaching members of the Medical Fraternity who might be interested in voluntarily serving on a Medical Advisory Committee for our Chapter. It is for this purpose that I am writing to you today.

In that Multiple Sclerosis is a neurological disease, we hope that you will be able to refer to us the names of neurologists and neurosurgeons in this area for consideration. We also find that there are many others such as opthamologists, urologists, psychiatrists and/or psychologists and any other medical professionals could be of assistance to us.

A list of potentially interested physicians would be greatly appreciated by the Chapter and will be utilized to best service the approximately four hundred patients within the Pioneer Valley.

Sincerely,

Harry J. Hover
Executive Director - Pioneer Valley Chapter
National Multiple Sclerosis Society.

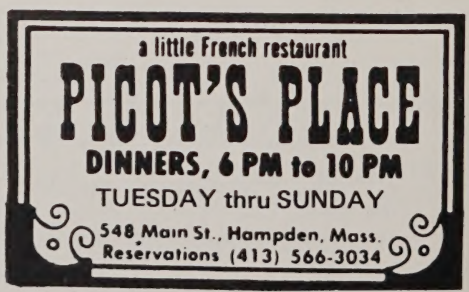
To The Editor:

On October 13, 1976, Doctor Samuel O. Thier of Yale University School of Medicine is coming as the Tufts Visiting Professor. This program, brings four speakers to Springfield each year.

Doctor Thier is Professor and Chairman of the Department of Internal Medicine. He will participate in case presentations from 9 a.m. to 11 a.m. and then give a formal lecture on "Rational Use of Diuretics" from 11 a.m. to 12 noon, at the northern campus of Baystate Medical Center.

Sincerely yours,

Carl E. Cassidy, M.D.
Physician-in-Chief



## Featured Article:
## WOMEN IN MEDICINE

by Roberta Berrien, M.D.

As a new member of the Editorial Board of this magazine, I have been anxious to express my views on current topics of importance to the medical profession. For my first essay, I was assigned a topic. This issue of the Hampden Hippocrat, I was told, was being organized by the Women's Auxiliary. I was asked to contribute by writing on "Women in Medicine." Having overcome my original paranoia ("Why is it that my first article will be in the Women's Auxiliary issue?"), I began to examine the topic more closely. After all, is there in fact any more reason to write about women in medicine than about men in medicine? My defenses up, I initially said to myself "of course not," women are physicians in the same way men are and it is absurd (and certainly antifeminist) to suggest there are significant differences.

I asked my seven year old daughter what she thought about the difference between men and women doctors. She, being the well-indoctrinated daughter of a woman physician, matter of factly replied that women doctors are women and men doctors are men. But how are they different, I persisted. Well, there are not so many lady doctors as men we finally agreed.

This obvious difference between men and women doctors raises two questions. First, why are there so few women physicians? And, what does it mean to be a minority group, filling a role traditionally assigned to another sex? The first question has been written about numerous times. We all now realize what always being given "nurse kits" or Florence Nightingale books or always seeing Ben Casey or Dr. Kildare means to the self-image of little girls. Well meaning families who worry more about marrying off their daughters while helping sons with career plans are certainly not a very positive influence either.

But women actually do choose medicine as a career. In the not so distant past these pioneers faced hostile admission committees: frequently conservative men who asked women personal questions about plans for family and children never addressed to men applicants. Academic requirements were certainly more stringent for women as well. Recently much has changed and women are being accepted into medical schools in numbers approaching those of male applicants. On entering the medical world itself, new and troublesome problems arise. Daily, women are reminded that they are unexpected in the role of doctor, and sometimes unwelcome. Here are some examples, perhaps petty in themselves, but taken together on a regular basis of considerable importance to a woman physician's self-image:

(TURN OVER PLEASE)

Gas pains . . . .
USE
MYLICON — 80

**Ernest A. Byron, Jr.**

• • • • • •

**SPRINGFIELD**

1) Male students having private on-call rooms but four female students sharing a room and phone because there was not enough space to go around.

2) Attending physicians on the wards discussing patient care only with the male members of an intern-resident-student team, rarely even acknowledging the presence of the female.

3) Professors who regularly flash slides of nude female pin-ups to enliven their otherwise dull lectures.

4) Brochures from such organizations as the ACP or the American College of Cardiology which list the usual schedule of medical conferences at an annual meeting and then suggest projects to do for the ladies (such as garden tours) while the physicians (i.e. men) are busy.

5) Lounges labeled "Doctors" actually turning out to be the men's toilet.

6) Male colleagues who feel they must describe a woman doctor who speaks her mind as having too many "male hormones."

7) Throwaway journals regularly addressed to Dr. Robert Berrien though I am clearly licensed as Dr. Roberta Berrien.

8) Phone calls from physician's secretaries who continually ask whose nurse or secretary I am when I have already answered the phone as "Dr. Berrien."

9) Patients who automatically call "nurse" as I enter the room.

All of these experiences must influence the lady doctor in the way she looks at herself, deals with her colleagues and treats her patients. The response is variable. Some women are demoralized and give up medicine, dropping out of medical school or never practicing after residency. The suicide rate, high enough for physicians in general, is even higher for women doctors. Other women feel they must prove their worth by working harder, longer and giving up more than their male colleagues. Others, sensitive to the problems of women, are drawn toward feminist organizations. Of the greatest importance, however, is the fact that there has to be a response at all. Women are often forced to "react to" situations rather than be allowed to participate directly in the practice of medicine. This is not true for their male counterparts.

Many men and women physicians share similar problems and worries: "Am I taking good care of my patients?", "Am I keeping up with the literature?", "Am I doing the right thing for myself, my family and my patients?" But women have another level of concern and self doubt facilitated by the world they grew up in and by the experiences enumerated above. It is hard to ignore or suppress this level and in this way women physicians are quite different from men.

Roberta Berrien, M.D.
Associate Editor

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## Series Article:
# VIEWS OF A HOSPITAL ADMINISTRATOR

by Mr. Owen F. Connolly
The Providence Hospital, Holyoke, Mass.

Unification of the efforts of trustees, physicians, and administrators to protect the practice of medicine—consumers versus providers—is a new phenomenon given more credence with the health planning act, Public Law 93-641. The trustees have, in fact, by deed and in their historical record, been representatives of consumers. Their tireless dedication throughout the century has brought us where we are today in our health care program. Their direction and guidance have allowed us to bring our medical knowledge and skills to the high level of accomplishment witnessed daily in our health care facilities.

The Massachusetts legislature has just passed a budget, which is the alarm from the steeple, that we have not done our job to educate them. I believe our legislators to be good, honest, well-meaning and dedicated men and women but when they act in the way that they have, freezing physicians' rates at a 30% reduction, requiring a second opinion for medical care, allowing one pre-operative care day for surgical admissions, putting a 7% cap on hospital and nursing home care, then we have failed to educate them to act in an intelligent manner; that is, not to provide the least possible health care at the lowest cost, but to carry out their oath of office which is to act in the best interest of the citizens of this state.

We hear the cry of exorbitant expenditures for health care—8.2% of our gross national product is being spent on health care. Have you been to a sports event lately? The tickets are not cheap; entertainment events are sold out; more people are eating out than ever before in spite of the 8% meal tax. Increased gas tax and price have not drastically slowed down the highway travel or the purchase of cars. Why am I referring to these facts? Only to relate that it takes good health to enjoy even the slightest moments of pleasure, yet we are reluctant to do what we have to do to serve our health care system. We, in the health care system, must act now to save the system or suffer the consequences. As you and I know, medicine has been improved year after year. Our coronary care units are returning people daily to a self-productive, contributing life; new hips and other joints allow for personal dignity and continued contribution to our gross national product, yet the staff of life—bread and milk—have seen little change over the years except for a very rapid increase in price.

What I have been trying to say to you is, before all is lost, let's prevent chaos by intelligently educating all that we serve and all that serve us, to provide and safeguard the health care systems that we all need and want. Take, for example, our attempt to

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protect ourselves against malpractice suits. The patient days are going down in our facilities but X-ray and laboratory procedures are on the increase in our attempt to provide this protection. This is clearly an example of reacting to a situation rather than acting positively to educate the public to the harm they are doing to themselves through an irresponsible effort to collect monies. No one is against one's right to receive compensation for an injury at an equitable rate but most people fail to realize that the cost of payment for all these settlements is added to the cost of today's medical care and then only a very small fraction of that payment is given to the aggrieved.

As health care providers, we are knowledgeable about the practical operational problems in the health care industry. Therefore, we have a responsibility to educate the public, including our legislators, about these problems and their solutions. We who know and work with the system must educate those who are unfamiliar with the system.

We lost the opportunity to develop good Medicare and Medicaid laws by not taking a strong active role in their formation. Certificate of Need laws have gone beyond their intent and we now find ourselves under a bureaucratic dictatorship and one that is not benevolent. Trustees, physicians, and health care providers must act together now to save the constitutional right which has grown with our country and not see it taken away by the well-meaninged but uninformed consumers and their champions.

I think it is time that we remind government that they—the elected and the employed—are the servants of the people and the people are not servants of government and the elected.

Owen F. Connolly,
Administrator
The Providence Hospital

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Practice flows from principle—For as a man thinks so he will act.

None are so blind, as those who believe themselves.

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## S.A.M. PROGRAM 1976 – 77

November 9, 1976

Surgical program
Speaker to be announced at a later date.

November 23, 1976

Combined meeting with Hampden District Medical Society
Richard E. Palmer, M.D.
President, A.M.A.
Place: Hospitality Inn

January 11, 1977

Leonard Marcus, M.D.
Assistant Clinical Professor
Pediatrics & Pathology
Tufts-New England Medical Center
Topic: "Disease of Humans Transmitted from animals"

February 8, 1977

Peter C. Block, M.D.
Cardiac Catherization Laboratory
Massachusetts General Hospital
Topic: "Present Uses of Nuclear Imaging In Cardiology"

March 8, 1977

Belding H. Scribner, M.D.
University of Washington
School of Medicine

April 12, 1977

Program unconfirmed.
May 10, 1977

Annual meeting
Election of Officers.

## TAKE YOUR TROUBLES TO THE LORD (1)

"I do no know whether our generals will frighten the Americans," Lord North is reported to have said with shrewd humor, "but they certainly frighten me." (2)

Lord North held forth, as well he might,
Upon his fretful, fearful fright
Of subjects military.
"I don't know Howe, nor can I Gage
The means by which this war we'll wage.
It makes me very scary.

Nathaniel Greene, that Quaker cuss,
Is making fools of all of us,
He'll drive us back to Britain.
He dominates the area,
And Tarleton's got malaria (3)
And Clinton says he's quittin'. (4)

Those riflemen from Tennessee
Bore (5) down on Ferguson and he
Was given little solace.

Then Washington and Rochambeau
Knew all that anyone need know
of Yorktown and Cornwallis.
King George has got porphyria (6)
And he is my superia,
The syrup on my waffle.
And I am his Prime Minister,
The situation's sinister,
In fact it's bloody awful."

**Poet's Corner by HNS**

(1) North that is.

(2) New York in the American Revolution. W.C. Abbott. N.Y. 1929

(3) Well Documented by Tarleton, Cornwallis etc.

(4) Well documented. He was fed up.

(5) A Pun. Rifle bore. Get it?

(6) Not diagnosed until some time later. See **Scientific American** vol. 221, No. 1 July 1969.

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***Indications:** *Edema:* That associated with congestive heart failure, cirrhosis of the liver, the nephrotic syndrome; steroid-induced and idiopathic edema; edema resistant to other diuretic therapy. *Mild to moderate hypertension:* Usefulness of the triamterene component is limited to its potassium-sparing effect.

**Contraindications:** Pre-existing elevated serum potassium. Hypersensitivity to either component. Continued use in progressive renal or hepatic dysfunction or developing hyperkalemia.

**Warnings: Do not use dietary potassium supplements or potassium salts unless hypokalemia develops or dietary potassium intake is markedly impaired.** Enteric-coated potassium salts may cause small bowel stenosis with or without ulceration. Hyperkalemia (>5.4 mEq/L) has been reported in 4% of patients under 60 years, in 12% of patients over 60 years, and in less than 8% of patients overall. Rarely, cases have been associated with cardiac irregularities. Accordingly, **check serum potassium during therapy, particularly in patients with suspected or confirmed renal insufficiency (e.g., elderly or diabetics). If hyperkalemia develops, substitute a thiazide alone. If spironolactone is used concomitantly with 'Dyazide', check serum potassium frequently**—both can cause potassium retention and sometimes hyperkalemia. Two deaths have been reported in patients on such combined therapy (in one, recommended dosage was exceeded; in the other, serum electrolytes were not properly monitored). Observe patients on 'Dyazide' regularly for possible blood dyscrasias, liver damage or other idiosyncratic reactions. Blood dyscrasias have been reported in patients receiving Dyrenium (triamterene, SK&F). Rarely, leukopenia, thrombocytopenia, agranulocytosis, and aplastic anemia have been reported with the thiazides. Watch for signs of impending coma in acutely ill cirrhotics. Thiazides are reported to cross the placental barrier and appear in breast milk. This may result in fetal or neonatal hyperbilirubinemia, thrombocytopenia, altered carbohydrate metabolism and possibly other adverse reactions that have occurred in the adult. When used during pregnancy or in women who might bear children, weigh potential benefits against possible hazards to fetus.

**Precautions:** Do periodic serum electrolyte and BUN determinations. Do periodic hematologic studies in cirrhotics with splenomegaly. Antihypertensive effects may be enhanced in postsympathectomy patients. The following may occur: hyperuricemia and gout, reversible nitrogen retention, decreasing alkali reserve with possible metabolic acidosis, hyperglycemia and glycosuria (diabetic insulin requirements may be altered), digitalis intoxication (in hypokalemia). Use cautiously in surgical patients. Concomitant use with antihypertensive agents may result in an additive hypotensive effect. 'Dyazide' interferes with fluorescent measurement of quinidine.

**Adverse Reactions:** Muscle cramps, weakness, dizziness, headache, dry mouth; anaphylaxis; rash, urticaria, photosensitivity, purpura, other dermatological conditions; nausea and vomiting (may indicate electrolyte imbalance), diarrhea, constipation, other gastrointestinal disturbances. Necrotizing vasculitis, paresthesias, icterus, pancreatitis, xanthopsia and, rarely, allergic pneumonitis have occurred with thiazides alone.

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